

## Health & Wellness

- Counseling Center
  - The Counseling Center, located at Magers Health and Wellness Center, Suite 304, is available to all students to ensure that they maintain their health and well-being.
  - Some available resources include:
    - Collegiate Recovery Program
    - Online Screenings
    - Body U
    - For more information, visit the counseling center page
      - <https://counselingcenter.missouristate.edu/>
  
- Foster Recreational Center
  - The Foster Rec is the campus core for healthy living and exercise!
  - Some available resources include
    - Intramural Sports
    - Aquatic Activities
    - Wall-Climbing
    - For more information on hours of availability, special events, and more!  
Visit the link below:
      - <https://www.missouristate.edu/recreation/facilities/foster-recreation-center.htm>
  
- Magers Health and Wellness Center
  - Magers, Missouri State's own, on campus, facility for healthcare.
  - Some available resources include:
    - Clinic Appointments
    - Pharmacy
    - Wellness Programs
    - For more information on hours of availability, services, and other information, visit the link below:
      - <https://health.missouristate.edu>